1824 South Robertson Blvd. Los Angeles, CA 90035-4317 310/204-6936 • 800/726-0886

May 5, 1998

1002 198 JUN -5 A 54.21 y, Ph.D.

Dr. Elizabeth Yetley, Ph.D. F.D.A.
Office of Special Nutrition 200 "C" St., W.W.
Washington, DC 20204

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132



Dear Dr. Yetley,

Please be advised that Jarrow Formulas, Inc. is marketing a product containing a "Structure and Function" statement on the label. According to the notification requirements set forth by the DSHEA (Dietary Supplement Health and Education Act, 1994) legislation, please be advised of the following:

Name of Product: C + Herbs

Active Ingredient(s): Vitamin C

Claim(s): "Antioxidant Protection" – Vitamin C, a basic antioxidant, is essential for the synthesis of collagen and the health of connective tissue, gums, teeth and bones.

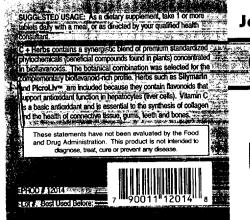
The following disclaimer appears on the label: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth S. Shastri, B.A., C.C.N.

Director of Product Development



Jarrow FORMULAS™

C+ HERBS

BioFlavonoid Rich Complex

Antioxidant Protection

Dietary Supplement 60 Quik-Solv™ Tablets

	Amount Per Tablet	% Daily Value
lymarin 30:1 concentrate		
standardized to 80% silybin)	75 mg	••
croLiv™ (3.5 - 4% Kutkin from		
ricromhiza kurroa)	50 mg	**
stragalus Root 6:1	150 mg	••
chisandra 5:1	75 mg	
cutellaria (Skulkap)Root 4:1	150 mg	••
itamin C (Ascorbic Acid)	500 mg	833%

rior Nutrition and Formulation